

BALKAN RECORDS
As of 14 September 2013

MEN					
<i>Event</i>	<i>Wind</i>	<i>Result</i>	<i>Name, family name</i>	<i>Venue</i>	<i>Date</i>
100m	1.4	10.11	Aggelos Pavlakakis (Gre)	Athina	02 Aug 1997
200m	-0.5	19.85	Konstadinos Kenteris (Gre)	München	09 Aug 2002
400m		45.11	Dimitrios Regas (Gre)	Athina	16 Sep 2006
800m		1:44.00	Ilham Tanui Özbilen (Tur)	Mersin	29 Jun 2013
1500m		3:31.10	Ilham Tanui Özbilen (Tur)	Monaco	19 Jul 2013
3000m		7:40.49	Dragan Zdravkovic (Srb)	Oslo	09 Jul 1983
5000m		13:05.98	Polat Kemboi Arkan (Tur)	Bruxelles	16 Sep 2011
10,000m		27:29.33	Mert Girmalegese (Tur)	Beijing	17 Aug 2008
3000m Steeplechase		8:13.14	Tarik Langat Akdag (Tur)	Saint-Denis	08 Jul 2011
110m Hurdles	1.5	13.33	Zhivko Videnov (Bul)	Khania	14 Jun 2000
400m Hurdles		47.82	Periklis Iakovakis (Gre)	Osaka	06 May 2010
High Jump		2.40	Sorin Matei (Rou)	Bratislava	20 Jun 1990
Pole Vault		5.82	Spas Bukhalov (Bul)	Sofia	02 Jun 2007
		5.82	Konstantinos Filippidis (Gre)	Doha	10 May 2013
Long Jump	1.9	8.86	Robert Emmiyan (Arm)	Tsakhadzor	22 May 1987
Triple Jump	1.6	17.92	Христо Марков (България)	Roma	31 Aug 1987
Shot Put		21.77	Dragan Peric (Srb)	Bar	25 Apr 1998
Discus Throw		68.12	Iosif Nagy (Rou)	Zaragoza	22 May 1983
Hammer Throw		82.40	Plamen Minev (Bul)	Plovdiv	01 Jun 1991
Javelin Throw		91.69	Konstantinos Gatsioudis (Gre)	Kuortane	24 Jun 2000
Decathlon		8288	Valeriy Kachanov (Mda)	Moskva	21 Jun 1980
4x100m Relay		38.61	Greece (V.Segos, Al.Alexopoulos, G.Panagiotopoulos, Hr.Hoidis)	Paris	19 Jun 1999
4x400m Relay		2:59.95	Serbia (D.Jovkovic, N.Djurovic, I.Macev, Sl.Brankovic)	Tokyo	31 Aug 1991
20km Race Walking		1:19:32	Viktor Mostovik (Mda)	New York	03 May 1987
50km Race Walking		3:48:01	Aleksandar Rakovic (Srb)	Mezidon	02 May 1999
Half Marathon		1:02:33	Petko Stefanov (Bul)	Podgorica	27 Oct 2002
Marathon		2:08:32	Iaroslav Muşinschi (Mda)	Düsseldorf	02 May 2010

Records compiled by Alexander Vangelov, official statistician of Bulgarian Athletic Federation

WOMEN					
<i>Event</i>	<i>Wind</i>	<i>Result</i>	<i>Name, family name</i>	<i>Venue</i>	<i>Date</i>
100m	0.7	10.77	Ivet Lalova (Bul)	Plovdiv	19 Jun 2004
200m	-0.5	22.01	Anelia Nuneva (Bul)	Sofia	16 Aug 1987
400m		49.53	Vania Stambolova (Bul)	Rieti	27 Aug 2006
800m		1:55.05	Doina Melinte (Rou)	Bucuresti	01 Aug 1982
1500m		3:53.96	Paula Ivan (Rou)	Seoul	01 Oct 1988
3000m		8:21.42	Gabriela Szabo (Rou)	München	19 Jul 2002
5000m		14:24.68	Elvan Abeylegesse (Tur)	Bergen	11 Jun 2004
10,000m		29:56.34	Elvan Abeylegesse (Tur)	Beijing	15 Aug 2008
3000m Steeplechase		9:13:53	Gülcan Mingir Tur)	Sofia	09 Jun 2012
100m Hurdles	0.7	12.21	Yordanka Donkova (Bul)	Stara Zagora	20 Aug 1988
400m Hurdles		52.77	Fani Halkia (Gre)	Athina	22 Aug 2004
High Jump		2.09	Stefka Kostadinova (Bul)	Roma	30 Aug 1987
Pole Vault		4.71	Nikolia Kiriakopoulou (Gre)	London	05 Aug 2011
Long Jump	1.4	7.43	Anișoara Cușmir-Stanciu (Rou)	Bucuresti	04 Jun 1983
Triple Jump	0.9	15.32	Hrisopigi Devetzi (Gre)	Athina	21 Aug 2004
Shot Put		21.89	Ivanka Khristova (Bul)	Belmeken	04 Jul 1976
Discus Throw		73.84	Daniela Costian (Rou)	Bucuresti	30 Apr 1988
Hammer Throw		76.07	Mihaela Melinte (Rou)	Rüdlingen	29 Aug 1999
Javelin Throw		67.51	Mirela Manjani-Tzelili (Gre)	Sydney	30 Sep 2000
Heptathlon		6658	Svetla Dimitrova-Pishtikova (Bul)	Götzis	30 May 1992
4x100m Relay		42.29	Bulgaria (Kr.Pencheva, An.Nuneva, N.Georgieva, Y.Donkova)	Sofia	26 Jun 1988
4x400m Relay		3:25.68	Romania (O.Ruicu, A.Râpanu, A.Barbu, I.Târlea)	Paris	20 Jun 1999
20km Race Walking		1:27:41	Claudia Iovan-Stef (Rou)	La Coruña	05 Jun 2004
Half Marathon		1:07:07	Elvan Abeylegesse (Tur)	RasAlKhaymah	19 Feb 2010
Marathon		2:21:30	Constantina Dița (Rou)	Chocago	09 Oct 2005

Records compiled by Alexander Vangelov, official statistician of Bulgarian Athletic Federation